

JUNGLEVITES® SYRUP

PATIENT INFORMATION LEAFLET / PASIËNTINLIGTINGSBLADJIE



SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME, STRENGTH AND PHARMACEUTICAL FORM

JungleVites® Syrup

Read all of this leaflet carefully because it contains important information for you.

JungleVites® Syrup is available without a doctor's prescription, for you to treat a mild illness. Nevertheless you still need to use JungleVites Syrup carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Vitaforce JungleVites Syrup with any other person.
- Ask your pharmacist if you need more information or advice.

WHAT JUNGLEVITES® SYRUP CONTAINS

The active substances in 5ml are:

Vitamin A	1856 IU
Vitamin B ₁ (thiamine)	1.44 mg
Vitamin B ₂ (riboflavin)	1.52 mg
Vitamin B ₃ (nicotinamide)	10 mg
Vitamin B ₅ (calcium-D-pantothenate)	8 mg
Vitamin B ₆ (pyridoxine)	1.38 mg
Vitamin B ₁₂ (Cyanocobalamin)	1.4 µg
Vitamin C (ascorbic acid)	100 mg
Vitamin D ₃	163 IU
Vitamin E	30 IU
Vitamin H (biotin)	27 µg
Folic acid	68 µg
Zinc gluconate (elemental zinc)	2.4 mg

The other ingredients are Sucrose, glucose, purified water, sorbitol and flavour. Contains 5,826 g sugar (Sucrose, glucose, sorbitol, mannitol and maltodextrin)

WHAT JUNGLEVITES® SYRUP IS USED FOR

Category D: Health Supplement

To support optimal growth and development

BEFORE YOU TAKE JUNGLEVITES® SYRUP

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease. Health supplements are intended only to complement health or supplement the diet. Do not take JungleVites Syrup if you are hypersensitive (allergic) to any of the ingredients

TAKE SPECIAL CARE WITH JUNGLEVITES® SYRUP:

If you suffer from pernicious anemia. Folic acid can mask pernicious anemia by decreasing megaloblastic anemia. This can prevent appropriate treatment with vitamin B₁₂ and result in neurological damage. You should therefore avoid treating undiagnosed anemia with folic acid. Taking this product at the same time as quinolone antibiotics reduces quinolone absorption. Take at least 2 hours before or 4-6 hours after taking a quinolone.

TAKING JUNGLEVITES® SYRUP WITH FOOD AND DRINK:

Children 1 year and older can take one (1) spoon (5 ml) daily after food.

Pregnancy and Breastfeeding:

Although not indicated for this age group, it is safe for use during pregnancy and while breastfeeding.

Important information about some of the ingredients of

JungleVites® Syrup:

JungleVites® contains no preservatives and contains soya as an allergen.

TAKING OTHER MEDICINES WITH JUNGLEVITES® SYRUP:

Always tell your healthcare professional if you are taking any other medicine.

HOW TO TAKE JUNGLEVITES® SYRUP

Do not share medicines prescribed for you with any other person. Always take JungleVites® Syrup [exactly as your doctor has instructed you] as recommended. You should check with your doctor or pharmacist if you are unsure. The usual dose is one teaspoon (5 ml) daily after food.

If you take more JungleVites® Syrup than you should:

In the event of overdose, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you forget to take a dose of JungleVites® Syrup :

Do not take / receive a double dose to make up for forgotten individual doses.

POSSIBLE SIDE EFFECTS

JungleVites® Syrup can have side effects. Not all side effects reported for JungleVites® Syrup are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking this medicine, please consult your doctor, pharmacist or other healthcare professional for advice. Side effects that have been reported may include gastrointestinal complaints. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

STORING AND DISPOSING OF JUNGLEVITES® SYRUP

Store all medicines out of reach of children. Store at or below 25 °C. Store in the original package / container. Keep the container in the outer carton. Keep the container tightly closed. Protect from moisture. Do not store in a bathroom. Do not use after the expiry date stated on the label / carton / bottle. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

PRESENTATION OF JUNGLEVITES® SYRUP

An amber-coloured round glass bottle with a white screw cap containing 150 ml syrup.

IDENTIFICATION OF JUNGLEVITES® SYRUP

Yellow syrup with orange flavour.

REGISTRATION NUMBER/REFERENCE NUMBER

TBA

NAME AND ADDRESS OF REGISTRATION HOLDER

Ascendis Supply Chain (Pty) Ltd
1 Carey Street, Wynberg
Sandton, Gauteng 2012
South Africa

DATE OF PUBLICATION

TBA



SKEDULERINGSSTATUS

Ongeskeduleer

HANDELSNAAM EN DOSEERVORM

JungleVites® Syrup

Lees die hele inligtingsbladjie noukeuring deur, dit bevat belangrike inligting vir jou.

JungleVites® Syrup is beskikbaar sonder 'n doktersvoorskrif en is aanvullende (komplementêre) medisyne. Jy moet JungleVites Syrup eger nog steeds versigtig gebruik om die beste resultate te verkry.

- Hou hierdie voubladjie, dit mag dalk nodig wees dat jy dit weer lees.
- Moenie JungleVites® Syrup met enige ander persoon deel nie.
- Raadpleeg jou apteker of gesondheidsorgpraktisyn indien jy meer inligting of advies benodig.

WAT JUNGLEVITES® SYRUP BEVAT

Vitamin A	1856 IU
Vitamin B ₁ (tiamien)	1.44 mg
Vitamin B ₂ (riboflavien)	1.52 mg
Vitamin B ₃ (nikotiënamied)	10 mg
Vitamin B ₅ (kalsium-D-pantotenaat)	8 mg
Vitamin B ₆ (piridoksien)	1.38 mg
Vitamin B ₁₂ (Sianokobalamin)	1.4 µg
Vitamin C (askorbiensuur)	100 mg
Vitamin D ₃	163 IU
Vitamin E	30 IU
Vitamin H (biotien)	27 µg
Foliensuur	68 µg
Sinkglukonaat (elementele sink)	2.4 mg

Die ander bestanddele is: Sukrose, glukose, gesuiwerde water, sorbitol en geursel. Bevat 5,826 g suiker (Sukrose, glukose, sorbitol, mannitol en maltodekstriën).

WAARVOOR JUNGLEVITES® SYRUP GEBRUIK WORD

Kategorie D: Gesondheidsaanvulling

Ondersteun optimale groei en ontwikkeling.

VOORDAT JUNGLEVITES® SYRUP GEBRUIK WORD

Hierdie medisyne is nie deur die Medisynbeheerraad geëvalueer nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, te

behandel, te genees of te voorkom nie. Gesondheidsaanvullings is slegs bedoel om gesondheid te komplementeer of die diët aan te vul. Moenie JungleVites® Syrup gebruik indien jy hipersensitief (allergies) is vir enige van die bestanddele nie.

NEEM SPECIALE SORG MET JUNGLEVITES® IN DIE VOLGENDE GEVALLE:

Die produk is teenaangedui vir individue met pernisiëse anemie. Foliënsuur kan pernisiëse anemie maskeer deur megaloblastiese anemie te verminder. Dit kan toepaslike behandeling met vitamien B₁₂ behandeling verhoed en kan lei tot neurologiese skade. Moet daarom nie ongediagnoseerde anemie met foliensuur behandel nie.

Wanneer hierdie produk op dieselfde tyd as kinoloanantibiotika geneem word kan die absorpsie van die kinoloon verminder.

Neem ten minste 2 ure voor of 4-6 ure na die inname van die kinoloon.

NEEM VAN JUNGLEVITES® SYRUP MET KOS EN DRANK:

Kinders 1 jaar en ouer mag een (1) lepel (5 ml) daaglik na etes neem.

Swangerskap en Borsvoeding

Althoewel die produk nie aangedui is vir hierdie ouderdomsgroep nie, is dit veilig vir gebruik tydens swangerskap en laktasie.

BELANGRIKE INLIGTING OOR 'N PAAR VAN DIE BESTANDELE VAN JUNGLEVITES® STROOP:

JungleVites® bevat geen preserveermiddels nie. JungleVites bevat soja as 'n allergeen.

AS JY ANDER MEDISYNE SAAM MET JUNGLEVITES® SYRUP NEEM:

Stel altyd jou gesondheidsorgpraktisyn in kennis indien jy enige ander medisyne gebruik.

HOE OM JUNGLEVITES® SYRUP TE GEBRUIK

Moenie jou medisyne met enige iemand anders deel nie. Neem altyd JungleVites® Stroop presies soos aanbeveel. Bevestig met jou dokter of apteker as jy onseker is. Die normale dosis is een teelepel (5 ml) een keer per dag, na ete.

INDIEN JY MEER JUNGLEVITES® SYRUP GEBRUIK AS WAT JY BEHOORT

Indien oordosering vermoed word, raadpleeg onmiddellik jou dokter of apteker. Indien geneem beskikbaar is nie, kontak die naaste hospital of gitbeheersentrum.

INDIEN JY VERGET HET OM JUNGLEVITES® SYRUP TE NEEM:

Moenie 'n dubbele dosis neem om te vergoed vir oorgeslane individuele dosisse nie.

MOONTLIKE NEWE-EFFEKTE

JungleVites® Syrup kan moontlik newe-effekte veroorsaak. Nie alle newe-effekte wat vir JungleVites Syrup aangemeld is word in hierdie bladjie genoem nie. Indien u algemene gesondheid verswak terwyl u hierdie medikasie gebruik, moet u asseblief u dokter, apteker of ander gesondheidsorgkundige raadpleeg. Newe-effekte is kan gastroïntestinale ongesteldhede insluit. Indien jy enige newe effekte waarneem wat nie in hierdie bladjie genoem word nie, moet jy jou dokter of apteker daarvan vertel.

BERGING EN WEGDOEN VAN JUNGLEVITES® SYRUP

Bewaar alle medikasie buite bereik en sig van kinders. Bewaar teen of benede 25 °C. Bewaar in die oorspronklike hou. Bewaar die houer in die karton verpakking. Hou die houer dig toe. Beskerm teen moenie die medisyne te produk in die badkamer bewaar nie. Moenie na die vervaldatum wat op die houer aangedui is gebruik nie. Bersorg enige ongebruikte medisyne terug aan jou apteker. Moenie van ongebruikte medisyne ontslae raak in dreine of rioolstelsels nie (bv. toilette)

AANBIEDING VAN JUNGLEVITES® SYRUP

n Ronde, amber-kleurige glas bottel met 'n wit skroefdoop, gevul met 150 ml stroop.

IDENTIFIKASIE VAN JUNGLEVITES® SYRUP

n Geel stroop met 'n lëmoen geur.

REGISTRASIONOMMER

TBA

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE

REGISTRASIESERTIFIKAAT

Ascendis Supply Chain (Pty) Ltd
1 Carey Street, Wynberg
Sandton, Gauteng 2012
South Africa

DATUM VAN PUBLIKASIE

TBA

JUNGLEVITES® SYRUP

PACKAGE INSERT

SCHEDULING STATUS

Unscheduled

PROPRIETARY NAME AND DOSAGE FORM

JungleVites Syrup

COMPOSITION

Each 5 ml contains

Vitamin A	1856 IU
Vitamin B1 (thiamine)	1.44 mg
Vitamin B2 (riboflavin)	1.52 mg
Vitamin B3 (nicotinamide)	10 mg
Vitamin B5 (calcium-d-pantothenate)	8 mg
Vitamin B6 (pyridoxine)	1.38 mg
Vitamin B12 (Cyanocobalamin)	1.4 µg
Vitamin C (ascorbic acid)	100 mg
Vitamin D3	163 IU
Vitamin E	30 IU
Vitamin H (biotin)	27 µg
Folic acid	68 µg
Zinc gluconate (elemental zinc)	2.4 mg

Inactive ingredients: Sucrose, glucose, purified water, sorbitol and flavour

Contains 5,826 g sugar (Sucrose, glucose, sorbitol, mannitol and maltodextrin)

No preservatives

Allergens: Soy

PHARMACOLOGICAL CLASSIFICATION

Category D: Health Supplement.

PHARMACOLOGICAL ACTION

JungleVites Syrup contains vitamins that play that diversified role in the body including functioning as antioxidants and mediators of cell signalling, regulation, tissue growth and differentiation. Minerals are required to activate thousands of enzyme reactions within the body.

INDICATIONS

To support optimal growth and development

CONTRAINDICATIONS

The product is contraindicated for individuals with pernicious anemia. Folic acid can mask pernicious anemia by decreasing megaloblastic anemia. This can prevent appropriate treatment with vitamin B12 and result in neurological damage. Individuals should therefore avoid treating undiagnosed anemia with folic acid.

WARNINGS AND SPECIAL PRECAUTIONS

Individuals with human immunodeficiency virus (HIV) consult a medical practitioner prior to use. Do not exceed recommended dosages unless on the advice of a healthcare practitioner. Do not use this product if you are hypersensitive (allergic) to any of the ingredients. If you are on any medication or suffering from any medical condition, it is advisable to seek medical advice before starting any new medicine, supplement or remedy. This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease. Health supplements are intended only to complement health or supplement the diet.

INTERACTIONS

Taking this product at the same time as quinolone antibiotics reduces quinolone absorption. Take at least 2 hours before or 4-6 hours after.

PREGNANCY AND LACTATION

Although not indicated for this age group, it is safe for use during pregnancy and while breastfeeding.

DOSAGE AND DIRECTIONS FOR USE

Children 1 year and older: Take one (1) spoon (5 ml) daily after food.

SIDE EFFECTS

Side effects may include gastrointestinal complaints.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

Treatment should be symptomatic and supportive. In the case of accidental overdose of the product, contact the nearest hospital or poison control centre.

IDENTIFICATION

Yellow syrup with orange flavour.

PRESENTATION

An amber-coloured round glass bottle with a white screw cap containing 150 ml syrup.

STORAGE INSTRUCTIONS

Store in a cool dry place at or below 25 °C.

KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER

TBA

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

Ascendis Supply Chain (Pty) Ltd
1 Carey Street, Wynberg
Sandton, Gauteng 2012
South Africa

DATE OF PUBLICATION OF THE PACKAGE INSERT

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866120/00

